

DORAL ACADEMY: K-8 - BREAKFAST - AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday
(3)	(4)	(5)	(6)	(7)
(10)	(11)	(12) Entrees - Blueberry Mini Pancakes (35g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(13) Entrees - Homestyle Waffles (28g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(14) Entrees - Sausage Biscuit (28g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)
(17) Entrees - Fluffy Mini Pancakes (17g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(18) Entrees - Fruit & Yogurt Parfait (41g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(19) Entrees - Cinnamon French Toast Sticks (42g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(20) Entrees - Egg & Cheese Biscuit Sandwich (30g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	(21) Entrees - Cheese Omelet (1g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)
(24) Entrees Pancake Sausage Sandwich	(25) Entrees Sausage, Egg, & Cheese	(26) Entrees Blueberry Mini Pancakes (35g	(27) Entrees Egg & Cheese Breakfast Taco	(28) Entrees Cinnamon & Sugar Donut Holes

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Entrees (17g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	Entrees Breakfast Burrito (16g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	Entrees Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	Entrees (15g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)	Entrees (27g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)
(31) Entrees - Sausage, Cheese, & Potato Breakfast Burrito (19g Carbs) - Breakfast Cereal & Graham Crackers (40g Carbs) - Pop Tart & Graham Crackers-Variety of Flavors (48g Carbs) Sides - Fresh Fruit Variety- Breakfast (17g Carbs)				

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(1) mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410;
(2) fax:
(202) 690-7442; or
(3) email:
program.intake@usda.gov

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DORAL ACADEMY: K-8 - LUNCH - AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday
(3)	(4)	(5)	(6)	(7)
(10)	(11)	(12) Entrees - Oven Roasted Chicken Wings w/ Fluffy Rice (56g Carbs) - Ham & Cheese Sandwich Box (45g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides - Baked Beans (23g Carbs) - Fresh Baby Carrots (4g Carbs) - Garden Salad (3g Carbs) - Canned Fruit- Peaches or Mixed Fruit (18g Carbs) - Fresh Fruit Variety- Lunch (13g Carbs)	(13) Entrees - Grilled Cheese Sandwich (30g Carbs) - Cheese Pizza (35g Carbs) - Pepperoni Pizza (39g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides - Steamed Broccoli (6g Carbs) - Garden Salad (3g Carbs) - Canned Fruit- Peaches or Mixed Fruit (18g Carbs) - Fresh Fruit Variety- Lunch (13g Carbs)	(14) Entrees - Fruit & Yogurt Parfait w/ Honey Granola (76g Carbs) - Cheesy Nacho Bento Box (49g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides - Roasted Breakfast Potatoes (28g Carbs) - Garden Salad (3g Carbs) - Canned Fruit- Peaches or Mixed Fruit (18g Carbs) - Fresh Fruit Variety- Lunch (13g Carbs)
(17) Entrees - Loaded Mash Bowl w/ Dinner Roll (55g Carbs) - Hamburger (25g Carbs) - Cheeseburger (26g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides	(18) Entrees - Ground Beef & Cheese Taco Bowl (95g Carbs) - Crispy Chicken Sandwich (40g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides	(19) Entrees - Chicken Lo Mein (52g Carbs) - Taco Pizza Bites (30g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides - Blanched Baby Carrots (5g Carbs)	(20) Entrees - Chicken Alfredo (39g Carbs) - Cheese Pizza (35g Carbs) - Pepperoni Pizza (39g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides - Steamed Broccoli (6g Carbs)	(21) Entrees - Pancakes & Sausage (30g Carbs) - Cheesy Nacho Bento Box (49g Carbs) - Black Bean Burger (37g Carbs) - Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides

Monday	Tuesday	Wednesday	Thursday	Friday
Sides • Creamy Mashed Potatoes (14g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs) • Baked Lays Potato Chips (19g Carbs)	Sides • Corn- Roasted (17g Carbs) • Refried Beans (13g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	Sides • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	Sides • Baby Carrots- Fresh- Crave It (4g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	Sides • Roasted Breakfast Potatoes (28g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)
(24) Entrees • Juicy Hot Dog w/ Mac & Cheese (36g Carbs) • Turkey & Cheese Sandwich Box (46g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Green Beans (4g Carbs) • Fresh Baby Carrots (4g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	(25) Entrees • Cheeseburger (26g Carbs) • Hamburger (25g Carbs) • Cheese Pizza Bento Box (45g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Creamy Mashed Potatoes (14g Carbs) • Fresh Baby Carrots (4g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs) • Baked Lays Potato Chips (19g Carbs)	(26) Entrees • Oven Roasted Chicken Wings w/ Fluffy Rice (56g Carbs) • Ham & Cheese Sandwich Box (45g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Baked Beans (23g Carbs) • Fresh Baby Carrots (4g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	(27) Entrees • Grilled Chicken Caesar Salad w/ Garlic Toast (37g Carbs) • Cheese Pizza (35g Carbs) • Pepperoni Pizza (39g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Sugar Snap Peas- Blanched (3g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)	(28) Entrees • Chicken & Waffles w/ Syrup (60g Carbs) • Cheesy Nacho Bento Box (49g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Roasted Breakfast Potatoes (28g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs)
(31) Entrees • Crispy Chicken Nuggets w/				

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees Macaroni & Cheese (21g Carbs) • Hamburger (25g Carbs) • Cheeseburger (26g Carbs) • Black Bean Burger (37g Carbs) • Sunbutter & Jelly Sandwich & String Cheese (59g Carbs) Sides • Creamy Mashed Potatoes (14g Carbs) • Garden Salad (3g Carbs) • Canned Fruit- Peaches or Mixed Fruit (18g Carbs) • Fresh Fruit Variety- Lunch (13g Carbs) • Baked Lays Potato Chips (19g Carbs)				

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- (1) mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410;
- (2) fax:
(202) 690-7442; or
- (3) email:

program.intake@usda.gov

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