



DORAL ACADEMY OF TEXAS

Imagination. Innovation. Excellence

Courtney Oliver
Superintendent

Kelley Cast
Principal

**Doral Academy Texas
School Health Advisory Council (SHAC) Meeting Minutes**

Date: April 8, 2026

Time: 5:00 PM

Location: Zoom

1. Call to Order

The meeting was called to order by the SHAC Chair.

2. Establish Quorum (Roll Call)

The following members were present:

- Dr. Lee
- Mrs. Patterson
- Courtney Oliver
- Kelley Cast
- Camille Lister
- Allison Servin
- Yvette Staley
- Ashlie Amaya
- Mike Jones

A quorum was established.

3. Approval of Previous Minutes

The minutes from the March 25, 2025 meeting were reviewed.

Action: A motion was made and approved to accept the minutes as presented.

4. Public Comment

No public comments were presented.

5. Action Items

A. Comprehensive School Health Curriculum Review & Selection

The committee reviewed two curriculum options:

- CATCH (Coordinated Approach to Child Health)
- The Great Body Shop

Following discussion and consideration of TEKS alignment, implementation feasibility, cost, and overall effectiveness, the committee reached consensus.

Action: The SHAC committee selected **The Great Body Shop** as the recommended Comprehensive School Health Curriculum.

Next Steps:

- Initiate purchase order (PO)
- Procure materials

- Begin preparation for implementation during the **2026–2027 school year**
-

6. Discussion Items

A. Wellness Plan Audit & Review

Mr. Mike Jones presented the current wellness plan and led a discussion on recommended updates.

Key Suggestions for Summer Edits Include:

- Expansion of health curriculum offerings in **Grades 9–12**
- Inclusion of **CPR instruction** at both middle school and high school levels
- Additional enhancements to align with updated wellness priorities

Next Steps:

- Conduct revisions over the summer
 - Prepare updated wellness plan for **School Board presentation in August 2026**
-

B. Menu Committee Update

Mr. Jones provided an update regarding school meal offerings in partnership with Crave-IT Nutrition.

Next Steps:

- At the **April 22, 2026 SHAC meeting**, student feedback will be gathered
 - Students representing **Grades 2–8** will provide input on menu options
-

7. Adjournment

Following the completion of all agenda items, the meeting was adjourned.

Upcoming Meetings / Notes

- April 22, 2026: Student menu feedback session
- Final SHAC meeting of the school year to follow menu review